

# **2012 CANTERBURY WEST COAST CHAMPIONSHIPS**

## **& AWD Canterbury Championships**

**Held in conjunction with**

## **2012 Otago Championships**

**Moana Pool, Dunedin**

**25-29 January 2012**

Meet Director: to be advised

Meet Organiser: Jenny Johnston

### **CONDITIONS OF ENTRY**

1. ENTRY FEES: \$7.50 per individual event and \$15.00 per relay event GST inclusive
2. Age as at 25 January 2012
3. All entries and entry fees must be received by 14 December 2011
4. NO LATE ENTRIES WILL BE ACCEPTED
5. Entries are to be emailed to [admin@swimcanterbury.org.nz](mailto:admin@swimcanterbury.org.nz) or on the entry form provided
6. Confirmation of entries will be sent to clubs by 16 December 2011. Clubs are to check swimmers entries, events and times are correct. Any changes must be with the Meet Organiser (Jenny Johnston) by 19 December 2011 prior to the Psych Sheets being posted on the SCWC website.
7. Age Groups are as follows: 10 years & under, 11 & 12yrs, 13 & 14yrs, 15 & 16yrs, 17yrs & over.  
For the 400 freestyle, 400 individual medley, and 200m butterfly events the age groups will be 12yrs & under; 13 & 14yrs; 15& 16yrs; 17yrs & over.  
For the 800m freestyle and 1500m freestyle events the age groups will be:  
11& 12yrs; 13 & 14yrs; 15 & 16yrs; 17yrs & over
7. AWD swimmers may swim in any events in the programme. Separate AWD finals will be held in the evening for the following events: 200m Individual Medley, 50m Freestyle, 100m Freestyle, 100m Backstroke, 100m Breaststroke and 50m Butterfly. The heats for these events will be swum as per the SCWC Meet Rules
8. AWD swimmers must include their classification on the entry form and provide the Meet Director with a copy of their classification prior to the start of the meet.
9. Electronic timing will be used at this meet, except for 50m events where manual timing will be used.
10. Registered Swimming Canterbury West Coast (SCWC) swimmers are eligible to enter ONLY the SCWC Championships and must attain the qualifying times as stipulated on the SCWC Meet Flyer. Registered Swimming Otago swimmers are eligible to enter ONLY the Swimming Otago Championships and must attain the qualifying times stipulated on the Swimming Otago Meet Flyer.
11. Clubs from other regions which are eligible by attaining the qualifying times may enter either the SCWC Championships or the Swimming Otago Championships as a club but cannot enter both, ie entries from individuals from the same club cannot be split between the two meets.

## **RULES OF THE CHAMPIONSHIPS**

1. This meet will be conducted under the Swimming NZ Regulations and FINA Rules with the exception of local meet rules.
2. Swimmers with a disability may compete at this Meet and shall compete under IPC Rules. AWD swimmers must present their classification card to the Meet Director prior to the start of the meet.
3. To enter the SCWC Championships a swimmer must achieve three (3) qualifying times during the qualifying period between 17 January 2011 and 13 December 2012. Swimmers may enter one (1) unqualified event, but must have recorded an entry time during the qualifying period.
4. A swimmer can enter either the SCWC Championships or the Development Championships, but NOT both. All SCWC swimmers who did, or have, qualified for any 2011 or 2012 NZ National Championship Meets cannot compete in the SCWC Development Championships.
5. **No Times** for entry will not be accepted.
6. **Proof of times** must be supplied with entries.
7. AWD swimmers will be seeded according to their times.
8. **Over the top starts will be used for all heats.**
9. Heats will be separate gender, but mixed age and seeded according to times.
10. Heats will be seeded slowest to fastest with the last three heats in any event circle seeded.
11. The 400m Freestyle, 400m Individual Medley, 800m Freestyle and 1500m Freestyle events will be swum as timed finals. The fastest heat of the 400m freestyle and 400m individual medley will be swum with the finals session.
12. Heats will be swum with combined SCWC and Otago swimmers.
13. Finals will be separate gender, with fastest 32 males and fastest 32 females advancing to open ABCD finals (with the exception of events in Rule 11). The ability to extend finals to E & F finals if necessary is reserved and will be at the discretion of the meet director.
14. Overseas swimmers must have been registered with the SCWC Centre for a minimum of six (6) months prior to the meet to be eligible for titles and records.
15. Only SCWC registered swimmers will be eligible for regional records, trophies, and bounty prize money.
16. Relay names, in the order of swimming, must be with the recorder 30 minutes prior to the start of the session in which the relay event is being held. Only swimmers competing in the meet are eligible to swim in relays.
17. All relays are timed finals.
18. Only one (1) relay entry per event is allowed per club.
19. GENERAL – At the beginning of each race when the whistle is blown there is to be silence and no movement on the pool deck.
20. Swimmers are to leave the pool by the sides when the preceding race has started by swimming **under** the lanes ropes. Swimmers are **not** to exit the pool over the end or touch the pads while exiting.
21. The dive well is to be used for warm-up and warm-down **ONLY**.
22. Swimmers and coaches must adhere to the official warm-up procedures as specified in the meet programme.
23. SCWC individual medalists and trophy winners will be determined from the finals in the first instance; if no swimmers of a particular age group have advanced through to the finals, the medalist/trophy winner will be determined from the fastest time swum in the heats.

## **SCRATCHING RULE**

1. Entrants wishing to withdraw from events shall do so in writing, signed by the swimmer's Coach/Team Manager and lodged with the recorder.
2. Withdrawals from events #1 through to #4 (1500m and 800m Freestyle) must be lodged with the Meet Organiser (Jenny Johnston) by 5.00pm on 24 January 2012 be either phone (03) 349-3898, cell 027 4200 081, or via email to [admin@swimcanterbury.org.nz](mailto:admin@swimcanterbury.org.nz)
3. Withdrawals are required for Finals and Timed finals only.
4. Swimmers will be deemed to have withdrawn if they do not report to the marshaling area at the appropriate time prior to their race.
5. A swimmer who does not withdraw from his/her final (as per rule) will be liable to a \$20.00 fine. Finalists are deemed to include the first two reserves.
6. Withdrawals for finals to be swum in a later session must be with the control room within 15 minutes of the posting of results for the last event swum in a heat session.
7. The Meet Director will determine the acceptability of all matters where medical reasons or hardship are claimed.
8. No reseeding will be done.

## **PRIZES**

1. Medals will be awarded to 1st, 2nd & 3rd in the relay events.
2. Medals will be awarded to 1st, 2nd & 3rd & ribbons to the other finalists in each individual event.

### **AWD Events**

- All AWD finals shall be swum as a mixed gender, age group and classification events.
- 1 set of medals (gold, silver & bronze) shall be awarded per AWD final.
- Medals and placings shall be determined based on the competitor's results in comparison to their relevant world record in their respective classification. This shall mean the competitor who achieves the best percentage of their own relevant world record will be placed first, and so forth.
- **Note:** AWD can enter and swim in the heats of events that do not have AWD finals.

## **MARSHALLING**

Marshalling area to be advised.

## **DUTY CLUBS**

All participating Canterbury West Coast clubs are expected to assist with normal duty club responsibilities (including catering) during sessions 2,3,6,7. A list of duties will be sent to clubs.

## **Bounties**

- Bounties on Canterbury West Coast long course records are offered and linked to the number of years the record has stood at \$10 per year; ie breaking a record which has stood for 6 years will earn \$60; breaking a 14 year one will earn \$140.
- Bounty prize money is only available to registered Swimming Canterbury West Coast swimmers.
- Prize money will be paid via direct credit to clubs.
- Prize money for relay events will be split between the participants listed with the recorder for that session and paid via direct credit to clubs.

## Canterbury West Coast Championships Qualifying Times

(Qualifying period 17 January 2011 – 13 December 2011)

	10 & Under Both Genders	11 & 12 Both Genders	13 & 14 Male	13 & 14 Female	15 & 16 Male	15 & 16 Female	17 & Over Male	17 & Over Female
<b>FREESTYLE</b>								
50	44	38	34	35	31	34	30	33
100	1.38.00	1.25.00	1.12.00	1.15.00	1.07.00	1.10.00	1.04.00	1.07.00
200	3.18.00	2.57.00	2.40.00	2.45.00	2.37.00	2.43.00	2.35.00	2.41.00
400		6.05.00	5.15.00	5.20.00	5.10.00	5.15.00	5.05.00	5.10.00
800		13.00.00	11.50.00	12.00.00	10.00.00	10.50.00	9.50.00	10.40.00
1500		23.00.00	22.00.00	22.00.00	19.00.00	20.00.00	18.50.00	19.50.00
<b>BACKSTROKE</b>								
50	51	44	38	40	36	38	34	36
100	1.53.00	1.36.00	1.23.00	1.25.00	1.20.00	1.23.00	1.17.00	1.21.00
200	3.46.00	3.27.00	2.50.00	3.00.00	2.45.00	2.56.00	2.40.00	2.52.00
<b>BREASTSTROKE</b>								
50	58	50	40	44	38	42	37	41
100	2.08.00	1.48.00	1.30.00	1.35.00	1.29.00	1.32.00	1.26.00	1.30.00
200	4.30.00	3.58.00	3.19.00	3.22.00	3.10.00	3.20.00	3.09.00	3.15.00
<b>BUTTERFLY</b>								
50	53	47	35	38	34	37	33	36
100	2.02.00	1.42.00	1.20.00	1.25.00	1.17.00	1.20.00	1.15.00	1.18.00
200		4.00.00	3.17.00	3.21.00	3.10.00	3.15.00	3.00.00	3.10.00
<b>IM</b>								
200	3.45.00	3.27.00	3.03.00	3.08.00	2.50.00	2.55.00	2.40.00	2.50.00
400		7.00.00	6.15.00	6.30.00	6.05.00	6.20.00	5.55.00	6.10.00

- **All swimmers achieving 3 or more qualifying times during the qualifying period may enter this meet and may then enter any number of events for which they have qualified plus one (1) unqualified event for which they must have an entry time.**
- **No times will not be accepted for any event.**
- **Proof of times must be submitted with entries.**
- A swimmer can enter either the SCWC Championships or the Development Championships, but NOT both. All SCWC swimmers who did, or have, qualified for any 2011 or 2012 NZ National Championship Meets cannot compete in the SCWC Development Championships.
- If 3 or more Canterbury West Coast Championship times have been achieved a swimmer cannot swim at the Development Championships