



2012 Otago Championships

Held in conjunction with

2012 CANTERBURY WEST COAST CHAMPIONSHIPS

& AWD Canterbury Championships

Moana Pool, Dunedin

25-29 January 2012

Meet Director: to be advised

Meet Organiser: Colin Walker

CONDITIONS OF ENTRY

1. ENTRY FEES \$7.50 per individual event and \$10 per relay event GST inclusive
2. Age as at 25 January 2012.
3. All entries and entry fees must be received by 11th January 2012
4. Entries to be emailed to swimming.otago@xtra.co.nz
5. Confirmation of entries will be sent back to clubs by 13th January 2012. Psych Sheets will be posted by 15th January 2012.
6. Please check swimmers entries & events are correct when clubs receive their confirmation as corrections will be made to entry times only after psych sheets are posted - No late entries will be accepted.
7. Age groups are as follows; Age Groups are 9 & U, 10-11, 12-13, 14-15, 16 & O.
8. In the 200m events and 400m Free the age groups are 11&U, 12-13, 14-15 and 16 & O
In 400mIM, 800m and 1500m Free the age groups are 13&U, 14-15, 16 & O
9. Points will be awarded to Finalists as follows: 18, 14, 12, 10, 8, 6, 4, 2
10. AWD Swimmers may swim any events in the programme. The 200 IM, 50 Free, 100 Free, 100 Back, 100 Breast, 50 Fly will be swum as mixed prelims with AWD final in the evening session.
11. AWD swimmers must include their classification on the entry form, and provide the Meet Director with a copy of their classification prior to the meet.
12. Electronic Timing will be used at this meet, except for 50m events where manual timing may be used.
13. Registered Swimming Otago (SO) swimmers are eligible to enter ONLY the SO Championships and must attain the qualifying times as stipulated on the SO Meet Flyer. Registered Swimming Canterbury West Coast (SCWC) swimmers are eligible to enter ONLY the SCWC Championships and must attain the qualifying times stipulated on the SCWC Meet Flyer.
14. Clubs from other regions which are eligible by attaining the qualifying times may enter either the SCWC Championships or the Swimming Otago Championships **as a club** but cannot enter **both**, ie entries from individuals from the same club cannot be split between the two meets.

RULES OF THE CHAMPIONSHIPS

1. This meet will be conducted under the Swimming NZ Regulations and FINA Rules, with the exception of local meet rules.
2. Swimmers with disability may compete at this Meet and shall compete under IPC rules. AWD swimmers must present their classification card to the Meet Director prior to the start of the Meet.
3. Swimmers can only swim in the events which they have qualified in.
4. Qualifying period
5. **No Times** will not be accepted for any event.
6. **Proof of times** must be supplied with entries.
7. AWD swimmers will be seeded according to their time.
8. **Over the top starts will be used for all heats.**
9. Heats will be separate gender, but mixed age and seeding according to times.
10. Heats will be seeded slowest to fastest with last three heats in any event circle seeded.
11. The 400m Freestyle, 400m Individual Medley, 800m Freestyle and 1500m Freestyle events will be swum as timed finals. The fastest heat of the 400m Freestyle and 400m Individual Medley will be swum with the finals session.
12. Heats will be swum with combined Canterbury West Coast and Otago swimmers.
13. Finals will be separate gender, with fastest 32 males and fastest 32 females advancing to open ABCD finals (with the exception of events in rule 11). The ability to extend to E& F finals if necessary is reserved and will be at the discretion of the Meet Director.
14. Only Swimming Otago swimmers will be eligible for regional trophies and records.
15. Relay names, in the order of swimming must be with the recorder 30 minutes prior to the start of the session in which the relay event is being held. Only swimmers competing at the meet are eligible for relays.
16. All relays are timed finals.
17. Only one (1) relay entry per event is allowed per club.
18. GENERAL- At the beginning of each race when the whistle is blown there is to be silence and no movement on pool deck.
19. Swimmers are to leave the pool by the sides when the preceding race has started by swimming **under** the lane ropes. Swimmers are **not** to exit the pool over the end or touch the pads while exiting.
20. The dive well is to be used for warm-up and warm-down only
21. Swimmers and coaches must adhere to the official warm up procedure as specified in the meet programme.
22. Swimming Otago individual medallists and trophy winners will be determined from the finals in the first instance; if no swimmers of a particular age group have advanced through to the finals, the medallist/trophy winner will be determined from the fastest times swum in the heats.

SCRATCHING RULE

1. Entrants wishing to withdraw from events shall do so in writing signed by the swimmer's Coach/Team Manager and lodged with the recorder.
2. Withdrawals from event #1 through to #4 (1500m and 800m Freestyle) must be lodged with the Meet Organiser, Colin Walker, by 5pm 24 January, ph (03) 4428450, or via email to swimming.otago@xtra.co.nz
3. Withdrawals are required only for Finals and Timed Finals.
4. For heats swimmers will be deemed to have withdrawn if they do not report to the marshall at the appropriate time prior to their heat race.
5. A swimmer who does not withdraw from his/her final will be liable to a \$50.00 fine. Finalists are deemed to include the first two reserves.
6. Withdrawals for Finals to be swum at a later session: Withdrawals must be into control within 30 minutes of the posting of the list of finalists for the last event swum at the heat session. For timed finals withdrawals must be advised by the end of the session preceding the start of the timed final event.
7. The Meet Director shall determine the acceptability on all matters where medical reasons or hardship are claimed
8. No reseeding will be done.

PRIZES

1. Ribbons will be awarded to 1st, 2nd & 3rd in the relay events.
2. Medals will be awarded to 1st, 2nd & 3rd & ribbons to the other finalists in each individual event.

AWD Events

- These events are to be combined with Canterbury West Coast Champs in all respects.
- All AWD finals shall be swum as a mixed gender, age group and classification events.
- **Note:** AWD can enter and swim in the heats of events that do not have AWD finals.

MARSHALLING

Marshalling area to be advised.

DUTY CLUBS

To be advised. All participating Swimming Otago clubs are expected to assist with normal club duties including catering.

Qualifying Times

Women							
Event	9 & U	11 & U	10-11	13 & U	12-13	14-15	16 & O
50 Free	1:00.00		46.00		38.00	36.00	36.00
100 Free	2:00.00		1:35.00		1:23.00	1:18.00	1:18.00
200 Free		3:30.00			3:00.00	2:50.00	2:50.00
400 Free		6:30.00			5:50.00	5:30.00	5:30.00
800 Free				12:00.00		11:00.00	11:00.00
1500 Free				22:00.00		20:00.00	20:00.00
50 Back	1:00.00		53.00		45.00	43.00	43.00
100 Back	2:10.00		1:53.00		1:40.00	1:35.00	1:35.00
200 Back		4:00.00			3:30.00	3:20.00	3:20.00
50 Breast	1:13.00		59.00		50.00	48.00	48.00
100 Breast	2:20.00		2:05.00		1:50.00	1:44.00	1:44.00
200 Breast		4:30.00			4:00.00	3:40.00	3:40.00
50 Fly	1:10.00		55.00		45.00	41.00	41.00
100 Fly	2:20.00		1:55.00		1:35.00	1:27.00	1:27.00
200 Fly				3:30.00		3:10.00	3:10.00
200 IM		3:55.00			3:25.00	3:15.00	3:15.00
400 IM				6:40.00		6:30.00	6:30.00

Men							
Event	9 & U	11 & U	10-11	13 & U	12-13	14-15	16 & O
50 Free	1:00.00		46.00		37.00	34.00	33.00
100 Free	2:00.00		1:35.00		1:20.00	1:14.00	1:12.00
200 Free		3:30.00			2:55.00	2:40.00	2:35.00
400 Free		6:30.00			5:40.00	5:20.00	5:00.00
800 Free				11:40.00		10:30.00	10:10.00
1500 Free				21:40.00		19:30.00	19:00.00
50 Back	1:00.00		53.00		44.00	40.00	39.00
100 Back	2:10.00		1:53.00		1:35.00	1:30.00	1:20.00
200 Back		4:00.00			3:20.00	3:05.00	3:00.00
50 Breast	1:13.00		59.00		49.00	45.00	44.00
100 Breast	2:20.00		2:05.00		1:48.00	1:40.00	1:38.00
200 Breast		4:30.00			3:55.00	3:35.00	3:25.00
50 Fly	1:10.00		55.00		44.00	39.00	38.00
100 Fly	2:20.00		1:50.00		1:35.00	1:23.00	1:20.00
200 Fly				3:25.00		3:00.00	2:55.00
200 IM		3:55.00			3:20.00	3:05.00	3:00.00
400 IM				6:35.00		6:10.00	6:00.00